

## Remember

### Ready:

“He has caused his wondrous works to be remembered. The Lord is gracious and compassionate.” -- Psalm 111:4

### Set

In the early 1980s, Eric Davis joined the Cincinnati Reds. He had finally made it to the top, so this was an exciting night. Davis’s debut began on the road in St. Louis, where he grounded out in the fifth inning of his team’s 9-1 loss. Worse yet, Davis was forced to wear a numberless jersey because Cincinnati forgot to pack extra road uniforms. They FORGOT?

“I forgot” are two infamous words that plague my life.

- “I forgot” to call \_\_\_\_\_ today like I promised.
- “I forgot” to send \_\_\_\_\_ the email I promised.
- “I forgot” his name again.

Forgetfulness is frustrating for everyone. Forgetting God is more than frustrating — it’s dangerous! We often forget God and what He has done for us because we have too many other things occupying our thoughts and our time. So today, STOP and REMEMBER.

- **Remember** that we are saved by the grace of God, not by our good deeds. ([Ephesians 2:8–9](#))
- **Remember** to give thanks! When you give thanks to God, the focus is off you. ([1 Thessalonians 5:18](#))
- **Remember** that God loves you and has a plan for you! ([John 3:16](#))

God has not forgotten you. He loves you and longs to meet with you today.

### Go

- What do you need to remember to do as you train and compete?
- What practical steps can you take to remember that God loves you?

### Workout

[Deuteronomy 32: 17-19](#)

[Psalm 106:20-22](#)

### Overtime

“Father, let me never forget Your love for me and Your plans for me. Clear my mind of things that clutter my view of Your truths. Amen.”



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