

## **Right On**

### **Ready:**

Ephesians 6:14 continued - Stand firm with the breastplate of righteousness in place,

### **Set**

Hockey Chat: The chest protectors that goalies wear are essential to protecting them. They allow for 100+ miles per hour vulcanized rubber biscuits to bounce off them with no pain to the goaltender. That keeps him confidently in the game.

### **Go**

Life Lesson: The breastplate of righteousness keeps us strong in times of battle by sending us confidently forward knowing that we are right in God's eyes thanks to the sacrifice of his son, Jesus. By meditating on God's word and putting into practice in our lives, we protect our heart, just as a breastplate does for warriors and goaltenders alike.

### **Bible Reference:**

Ephesians 6



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