

## **The Routine**

### **Ready:**

"Rejoice always! Pray constantly. Give thanks in everything, for this is God's will for you in Christ Jesus."

-1 Thessalonians 5:16-18

### **Set**

The game of golf is one that requires patience, talent and time. Most golf teachers will teach a simplified approach to the game by getting the player into a pre-shot routine. Fundamental things such as proper grip, balanced stance and tempo are the building blocks for consistency. While it may not guarantee a frustration-free round, following the routine will produce more consistent play.

Similarly, the apostle Paul gave the people of Thessalonica a routine to follow while striving to do God's will. If followed consistently, it would allow them to live right in the middle of God's plan for their lives. This routine still works today. It requires patience, mental focus and time. We are to rejoice in the everyday situations of life. We are to come to God in prayer, not just before a meal, but all throughout the day. Finally, we are to give thanks always, because as Christians we know we have unlimited things for which to be thankful. As we follow the routine, God's plan will be fulfilled in our lives.

### **Go**

1. What are some of your normal daily routines?
2. How can the routines Paul mentions fit into your day?

### **Workout**

Philippians 2:5  
Hebrews 10:35

Hebrews 12:2

### **Overtime**

"Father, set the course for my day today. May the things I do allow me to draw closer to You and show me Your great game plan for my life."

### **Bible Reference:**

Hebrews 12



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