

## **S.D.M.S.**

### **Ready:**

"Peter replied, 'Even if all fall away on account of you, I never will.'"  
-Matthew 26:33

### **Set**

Recently I was diagnosed with a serious condition. This condition could be fatal if not taken care of quickly. The condition can affect every part of a man's life. It is called S.D.M.S-- Stubborn Dumb Male Syndrome. I have had it for some time, but recently realized how bad my condition has gotten. In fact, many men have this condition. It can strike at any time and any place--on the field or off, at home, at work or even in church. If not treated, it can harden a man's heart and turn him from the proper medication.

One such man found in scripture who probably had this condition was known as the "rock." Peter was definitely a candidate for S.D.M.S. How many times did we find Peter acting impulsively or stubbornly to prove his point or even faith in Christ. Recall the water-walking incident, or the time when Peter had the guard lend him an ear--literally. But the classic occasion occurred when Peter displayed his stubborn will by telling Christ he would never do such a thing as deny Him. Well, as the story goes, Peter failed again and denied his Savior not once but three times. Peter always meant well, but his S.D.M.S. condition held him back at times. Thank goodness and Godness for forgiveness!

Why do many men suffer from this condition? We suffer from thinking we know more than others and even put our will before God's. Again, this condition can be cured or helped with the proper medicine. The medication needed for this condition comes in several forms: a dose of prayer, reading God's word, swallowing pride and asking for forgiveness and grace. Many coaches are stricken with this condition. When I realized my condition was getting worse, I went to get healing--healing from the Great Physician. He can cure you and restore you to proper spiritual health.

S.D.M.S. may never been fully cured, but it can be controlled! Just remember that God's faithfulness can compensate for our greatest failures in mind, body and spirit.

### **Go**

1. Do you suffer from S.D.M.S.?
2. In what areas of your life does this condition have the greatest affect?
3. Today, how can you start to get the right medication for your condition?

### **Workout**

Romans 12:2  
Ephesians 4:22-24  
1 Corinthians 1:25

**Bible Reference:**

Ephesians 4



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