

## **Sprint Ahead**

### **Ready:**

"As the Philistine moved closer to attack him, David ran quickly toward the battle line to meet him."

-1 Samuel 17:20-48

### **Set**

In our daily lives and our athletic venues we face many giants. Maybe it is an opposing team that you are playing, and the critics give you no chance of competing with the "giants," much less beating them. Or maybe it is your job, your finances, your past or even raising your kids. Regardless, the giants in our lives are there to do one thing: intimidate us and steal the hope that God has given us through His Son, Jesus Christ.

David told Saul in 1 Samuel 17:32, "Let no one lose heart on account of this Philistine." But still, many people ran from the giant, Goliath. It says in 1 Samuel 17:24, "When they saw the man they all ran from him in great fear."

In our lives, we have no reason to fear or run from our giants. Instead, we must face them, not go in our own strength, but in God's strength. In fact, we can sprint ahead to meet our giants when they move closer to us, just as David did. We have no reason to hesitate, for we can come in the name of the Lord Almighty. If we don't attack these Giants in our lives they will continue to come out or reappear, the same way Goliath did to the Israelites in verse 25.

If you are facing a giant in your life today, on or off the field, I pray that you will be able to "spring ahead" and slay it today.

### **Go**

1. What giant are you facing today?
2. How will you approach your giant?

3. Do you have a personal relationship with Jesus ? If so, commit to "springing ahead" today in His strength.

### **Workout**

Psalm 16:8  
Zephaniah 3:17

Romans 8:31

### **Bible Reference:**

Romans 8



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