

## **Stand Firm**

### **Ready:**

“Therefore, my dear brothers and sisters, stand firm. Let nothing move you. Always give yourselves fully to the work of the Lord, because you know that your labor in the Lord is not in vain.” 1 Corinthians 15:58

### **Set**

In basketball, there is a move called “post up” where the player moves to the low post for an easy layup, dunk, or jump shot. There are a few key elements to the move: get in a good position, stand firm and low, eyes on the ball, and rotate the body away from the defender to prevent a steal or block. The most important part of this move is to stand firm.

The phrase “stand firm” appears almost 20 times in Scripture. Paul writes in Ephesians about putting on the full armor of God, and he then instructs us to stand firm. Interestingly, he does not tell us to advance or retreat but to stand firm knowing that the battle is God’s to fight.

With the current pandemic, many are being swayed by the media with a worldly view and are becoming fearful, disillusioned, and hopeless. We, however, must be prepared to stand firm. We must be positioned close to God, standing firm in His Word, eyes fixed on Jesus, filled with His Holy Spirit, and ready to make the play. George Mueller once said, “To learn strong faith is to endure great trials. I have learned my faith by standing firm amid severe testing.”

These days we are being tested through trials in many ways. We are on the frontlines in a very real battle. We must stand firm together as a strong Christian community and put our complete trust in the One who has the answers.

### **Go**

1. What specific steps can you take today to stand firm in your faith?
2. Who can you assist to help stand firm?

### **Workout**

Philippians 1:2; Ephesians 6:11; Psalm 40:1-2; 1 Corinthians 16:13

### **Overtime**

Thank you, Lord, that in this pandemic, You stand shoulder to shoulder with us. Help us to stand firm as individuals and as a Christian community holding onto the truth of the Gospel. Thank You for Your grace, encouragement, strength, protection, and peace.

### **Bible Reference:**

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Psalms 40:1-2  
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