

## **Stay On the Trail**

### **Ready:**

*“For the Lord your God has blessed you in all the work of your hands. He has watched over your journey through this immense wilderness.” – Deuteronomy 2:7a*

### **Set**

The dictionary defines “wilderness” as a wild and uncultivated region, uninhabited or inhabited only by wild animals. In the wilderness, my son and I discovered animal droppings and tracks freshly made in the snow and terrain. A clear trail amidst the cactus and rugged brush had become faint. As we turned to head back, darkness quickly crept in, and our path was no longer clear. I had lost the trail.

I was quickly reminded that the Bible also speaks of God’s people venturing through wilderness areas: the children of Israel traveled to Canaan, David hid in the wilderness from King Saul, and even Jesus was tempted by Satan in the wilderness. Most of these Biblical wilderness experiences were not joyous or celebrative moments. Instead, there was typically hardship, anxiety, and trials.

Today, many of us have wilderness experiences as darkness surrounds us. What often begins as a recreational hike with our Savior becomes a survival story on the nightly news.

What do we do when we lose our way? Find your direction and start moving!

Without cell service, the navigation app on my phone wasn’t working. We couldn’t see the trail, but we knew the direction of the main road and our parked truck. So, with a little prayer, we moved in the right direction, even though we couldn’t see the trail. Although I was a bit anxious, I believed God would provide safety and peace.

In today’s spiritual wilderness, God has given us survival tools, His living Word (the Bible), and His Spirit! Believers in Jesus Christ are equipped and empowered. If things around you grow dim or you get stuck, trust your Almighty Guide and the directions provided and start moving forward one step at a time.

### **Go**

1. Describe what your spiritual wilderness looks like today.
2. Describe a time when you trusted God to direct you.

### **Workout**

Proverbs 4:25-27; Proverbs 22:5-6

## Overtime

“Heavenly Father, this world is sometimes dark and scary. Thank You for walking with me. Amen.”



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