

## **Stomp Your Opponent**

n/a

### **Ready:**

"The God of peace will soon crush Satan under your feet. The grace of our Lord Jesus be with you." –Romans 16:20

### **Set**

I was driving in a hurry to get to a tournament. Although I was going the speed limit, the truck in front of me was not. It was blocking my way, slowing me down, and making me late. I remember similar feelings in athletics. We don't like it when someone is blocking our path to the end zone, the basket, the goal, or victory. Similarly, I believe there are times when the enemy of our souls, Satan, tries to block our way and cause disruptions and problems in life.

Here's some godly advice from Paul—stomp Satan. Roman soldiers wore shoes with nails on the bottom and marched with their feet raised high, stomping loudly for everyone to get out of their way or get trampled. We should picture those tough soldiers the next time our spiritual opponent, Satan, gets in our way of living for God. Don't stop and politely ask him to move. Continue marching and drive forward. If that sounds a little violent, just keep in mind that Satan wants to steal, kill, and destroy us (John 10:10).

Remember, we work with God, not alone. He already destroyed Satan's power through Christ's death and resurrection.

### **Go**

1. Do you feel like someone is blocking and disrupting your spiritual plans?
2. Wouldn't it feel good to lift your foot high and slam it down as hard as you can on Satan? Why don't we?
3. How can you remember to allow the God of peace to help you move forward in life?

### **Workout**

Genesis 3:15; Romans 8:1-4; Hebrews 12:14-15

### **Overtime**

Heavenly Father, thank You for being the God of peace. I understand that my spiritual opponent aims to keep me from successfully drawing near to You. Thank You for reminding me that the only place that belongs to the Devil is under my feet. Thank You for giving me victory through Your Son! Amen.

### **Bible Reference:**

Hebrews 12



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