

## For the Things We Cannot See

### **Ready:**

“Now faith is the reality of what is hoped for, the proof of what is not seen.” – Hebrews 11:1

### **Set**

Have you ever wondered why football coaches spend so much time watching film of their opponents or their team?

When you film and watch a game later, you can see angles you could not see from where you were standing during the game. Watching film helps the coaches and players see what they couldn't see before, thus helping them improve their game and awareness of the other team.

There are many things in life that we do not see happening around us. Unfortunately, we don't have an extensive video of life following us around, giving us different angles and insights into what's happening around us.

Scripture tells us that our faith comes into play when we can't see what's happening. It's hard to believe in things that we cannot see, especially in this modern world where everything can be searched, tapped and attempted to be proved.

That's why faith is so important and valuable. When our human knowledge reaches its limit, instead of feeling lost and confused, we can have peace that our hope is in Christ. Faith is what keeps us grounded in a world of unknowns. All of us wonder about our future, but I challenge you to put your faith in the hands of Christ. He sees what you do not see and knows what you do not know. God is guiding your life, so wait patiently in His love.

### **Go**

- What is the hardest part of living in the unknown for you?
- Do you consider yourself to have a strong faith?
- What can you do today to strengthen your faith?

### **Workout**

[1 Chronicles 28:20](#)

[Isaiah 41:10](#)

### **Overtime**

“God, You remind us that You are all-knowing; nothing is beyond Your understanding or

foresight. Help me grow my faith in the many things I cannot see. Help me to not depend on worldly things but place my trust in Your Spirit. Guide me each step of my way and show me how to wait on You. Amen.”



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