

## **Trust**

### **Ready:**

*"Take delight in the Lord, and He will give you your heart's desires. Commit your way to the Lord; trust in Him, and He will act, making your righteousness shine like the dawn, your justice like the noonday." -Psalm 37:4-6*

### **Set**

Upon arriving in Atlanta for the National Wheelchair Championships, the stewardess informed me that they had forgotten my manual wheelchair in Minneapolis when I had changed planes. Fortunately, they had remembered to load my racing chair, but it arrived with a huge crack in the back wheel frame. I knew that there was no way I'd be racing with that!

As I sat in the claims office, filing reports on these two wheelchairs, I thought back to some verses that I had memorized from Psalm 56:3-4:

*When I am afraid,  
I will trust in You.  
In God, whose word I praise,  
in God I trust; I will not fear.  
What can man do to me?*

These verses calmed my heart. I didn't know if I'd be racing, but I knew that God was in control of everything.

The next day, my daily wheelchair arrived at camp. As it happened, my racing wheelchair manufacturer was also at the meet and had, on hand, an exact replacement for my broken wheel.

I was able to compete at that event and ended up setting national records in four events. That was neat. But the most exciting part of this experience was confirming that I could trust God, even when circumstances seemed out of control.

### **Go**

1. Can you think of a situation in which things seemed out of control for you or your team?
2. On a scale of 1 to 10, how would you rank your trust level in this situation?
3. Can you list some of the occasions when God has provided for you during challenging times?

### **Workout**

Joshua 1:9; Romans 9:33; Philippians 4:6-7

### **Overtime**

*God, many times I allow my frustration to control my attitude and actions. Help me to remain flexible when things aren't going my way. Help me to trust You more. Amen.*

### **Bible Reference:**

Philippians 4



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