

## **Trust in Him No Matter What**

### **Ready:**

"Trust in the LORD forever, for the LORD, the LORD himself, is the Rock eternal." - Isaiah 26:4

### **Set**

There are times in our lives when nothing seems right. Maybe you recently got an injury playing sports and you aren't sure why it had to happen. Or maybe your parents have divorced after many years together, and you feel that nothing is right. Bad things happen. This world isn't perfect. But God is.

God wants us to trust in him. He tells us that we need to be doing this at all times. No matter what disasters are happening here on earth, whether in our personal lives, or beyond that with wars and hurricanes and earthquakes, God asks us to trust him. This isn't something that is just a suggestion, but it is something that we need to do. There is no better way to live our lives than to trust in God. When we do that, we will feel the peace that comes only from him. God knows what is going on in this world he created. And he has a plan for ours lives. Each one of us. He knows us, he loves us, and we can trust him, because he is great. He isn't going to let us down. He does not want us to be afraid. God asks us to trust and believe that he is good. He works everything together for those who love him, and we don't need to be afraid, no matter what happens.

### **Go**

1. Where do you struggle most with trusting God? How can you change it?
2. Have you memorized scripture about trusting in Him?

### **Workout**

John 14:27; Proverbs 3:5-6

### **Bible Reference:**

John 14:27

Proverbs 3:5-6



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