

## **Trust the Process**

### **Ready:**

"And we know that in all things God works for the good of those who love him, who have been called according to His purpose." - Romans 8:28

### **Set**

Professional sports teams who are in a rebuilding period will ask their fans to be patient and "trust the process". Most of the time this means that even though the team is not very good right now, the team owners and leadership are hoping that the fan base will believe that they have a plan to be competitive again (and still buy tickets). It can be hard for diehard fans to see the big picture and understand how the process will work, especially if the turn around is slow and the decisions are not popular.

In our spiritual lives, God has a process that is designed to deepen our faith and grow our Christ like character. Romans 8:28 tells us that God is working in all things for our good. This verse is often misunderstood to mean that even though things may be tough now, God will eventually give me what I want. Growing in our faith means that we come to understand and trust God's process and that His definition of good is better than mine and has an eternal perspective.

It can be hard to trust God through an injury, riding the bench, or being fired from a coaching position. I may or may not get what I want when I am going through a trial, but if I become more like Christ in this process than it is good. I can trust that the God who gave up His own Son on the cross, wants the best for me. God loves you and does want great things for you, but He can still be trusted if you can't understand His process.

### **Go**

1. What situations are the hardest for you to trust God's process.
2. Do you agree that God's best for you is spiritual growth and Christ like character?
3. How does connecting with other Christians help you when going through a difficult situation?

### **Workout**

2 Corinthians 4:17-18; Hebrews 12:10-11

### **Bible Reference:**

2 Corinthians 4:17-18

Hebrews 12:10-11



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