

## Truth Wins

### Ready:

*"Love finds no joy in unrighteousness but rejoices in the truth."* – 1 Corinthians 13:6

### Set

William Paterson University made headlines when four football players went shopping at a general store in Wayne, New Jersey. After spending several minutes trying to locate the store clerk, two of the players who needed sunglasses and batteries were captured on store security cameras leaving money at the register. Come to find out, the store wasn't even open. The William Paterson University football team hadn't had a winning season in over 20 years, yet their names weren't in the news for what they did on the field, but for the honesty they showed off the field.

Unlike this story, in the world of athletics we are bombarded with stories of cheating and dishonesty. Athletes want to get to the top, but eventually realize living a lie leads to the bottom. The legendary coach John Wooden said, "Ability may get you to the top, but it takes character to keep you there." Truth and honesty are rare qualities, but valued ones. The Bible says in John 8:32, *You will know the **truth**, and the truth will set you **free*** To know the truth is to know Jesus. The truth of who Jesus is reminds us who we are in Him. And this truth sets us free from the lies and bondage of this world.

The world may say, "You are not good enough." Jesus says, "With God all things are possible."

The world may say, "Your weaknesses are too many." Jesus says, "In your weakness I am strong."

The world may say, "You are worthless." Jesus says, "While you were still sinners, I died for you."

Know God. Know Truth. No God. No Truth.

### Go

1. What is your personal definition of honesty?
2. How can you show honesty and integrity during practice?
3. How can you show honesty and integrity during competition?

### Workout

Psalm 26:3

John 1:14

John 14:6

### **Overtime**

*Lord, help me listen, be led by, and lean on Your Truth. I want to know the Truth, so help me to know You, amen.*

### **Bible Reference:**

Psalms 26:3

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John 14:6



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