

What is Our Light?

Ready:

“That light shines in the darkness, and yet the darkness did not overcome it.” – John 1:5

Set

You get a special feeling when you stand on your field or court at night, and suddenly the lights switch on.

When all the lights are on, everything becomes illuminated. In these moments, your mind returns to a fond memory or focuses on a dream that has yet to come true. The lights illuminate the field and allow you to see everything around you.

The darkness hides these dreams and goals. When we can't see them, we start to lose them and, before long, forget that these dreams and goals even existed. The light is a shining reminder to keep pursuing the dreams in front of you.

Light is powerful. Powerful enough to cut through the blackness of the night. In Scripture, light is referred to many times. Most of those times, it is about God; He is our Light. Darkness is also mentioned, and just as Light is a metaphor for God, darkness is typically for Satan and sin.

In the Book of John, He uses these metaphors to remind us that God always wins, and the Light wins. He says that even though there is always darkness that doesn't go away, the Light will always shine through the darkness, and the darkness will never be able to put out the Light. In other words, Satan will never be able to defeat God. God always wins.

Just as you long to stand on your field under the lights, to see every aspect of the field that holds the sport you love. I pray you desire to see God through the darkness each day. Just as you simply have to turn on the court lights to see, all you have to do is look toward God to face the darkness of life defeated.

Go

- What is the darkness in your life that you need God's light to win?
- Have you ever noticed when God is called the Light in Scripture?
- How can you receive God's light?

Workout

Micah 7:8

John 8:12

Overtime

“God Almighty, the One who created Heaven and the earth, the One who already declared victory over all darkness. You are the only light we need in this world. Help us not seek anything else other than You to be our guide. Amen.”



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