

What's Your Go-To?

Ready:

“Very early in the morning, while it was still dark, he got up, went out, and made his way to a deserted place; and there he was praying.”— Mark 1:35

Set

When the lacrosse game was on the line and a goal was needed for the team, I went to my go-to-move: the inside roll dodge. This go-to-move allowed me to excel, perform my best, and contribute to the team.

Every athlete has their go-to move, and every coach has their go-to play. I believe it is especially true for the spiritual world. What is your go-to move that allows you to be your best for Christ? Here are three-spiritual go-to moves that can help you maximize your impact for Christ.

- **Go-To Place**
 - Where do you go every day to connect with God? Where and when we engage God is essential to a vibrant Christian walk. Where is your go-to place? Find one and get there every day.
- **Go-To Passage**
 - What passage gives you the greatest comfort and hope, direction and guidance? What verses are reviving your soul? A go-to-passage can be the same for a week, a month or a year.
- **Go-To Person**
 - Who is your go-to person? Everybody needs at least one go-to person. Isolation is the Christian's silent enemy; however, key relationships can stop the sin of isolation.

When we have a go-to place, passage and person, we are putting ourselves in the best possible position to be used by God in a powerful way.

Go

- What is your go-to place, passage, and person?

Workout

Mathews 6:6-8; Colossians 3:12-17

Overtime

Father, I desire to have these three-spiritual go-to moves in place. I ask for You to show me the right place, passage and person. Amen.



Fellowship of Christian Athletes © 2025
8701 Leeds Road | Kansas City, MO 64129 | 800.289.0909
Comments or Questions, fca@fca.org
[Privacy Policy](#) | [Report a Problem](#) | [Copyright](#)

Source URL:<https://fcaresources.com/devotional/whats-your-go>