

## **Your Focus**

### **Ready:**

“So we do not focus on what is seen, but on what is unseen. For what is seen is temporary, but what is unseen is eternal.” -- 2 Corinthians 4:18

### **Set**

I'll never forget the first day of football camp at the small college I attended. I'd come in hoping to be a part of a winning program and perhaps even a national championship.

At a team meeting, as our head coach reviewed the goals, he pulled out the video of the previous year's national championship -- a game we'd lost. Then he threw the video to the ground, stomped it to bits, and told us that if our only dream was to win a national championship, we'd set our goals too low!

That season, I learned what my coach was talking about. We went undefeated and reached the championship game. We lost in four overtimes, but that's not what the season had been all about.

Through the influence of Christian coaches and players, 12 of my teammates made the decision to follow Christ. While most of us will forget that season's record, those decisions made during that season will have eternal significance.

As the apostle Paul wrote, rather than focusing on what is seen, our vision as Christians should be set on what we cannot see. That is the faith we've been given through Jesus.

Jesus saw beyond this world and into the next! Just as our football coach taught us, our goals also should be on the highest level.

### **Go**

- How do you use your sport to build the character of your teammates or players?
- What about in your own life?

### **Workout**

[Matthew 6:19-24](#)

[Hebrews 12:1-2](#)

### **Overtime**

“Lord, enlighten the eyes of my heart that my vision may be for You and how we together can guide my team to a championship that lasts forever! Amen.”



Fellowship of Christian Athletes © 2024  
8701 Leeds Road | Kansas City, MO 64129 | 800.289.0909  
Comments or Questions, [fca@fca.org](mailto:fca@fca.org)  
[Privacy Policy](#) | [Report a Problem](#) | [Copyright](#)

---

**Source URL:**<https://fcaresources.com/devotional/your-focus-0>