

## **Sharks and Minnows**

Sharks and Minnows can be played outside or in a gym.

In the gym, you can use the baseline and mid court line of the basketball court. The boundaries are from sideline to sideline. If outside, you will need to draw or tape lines about 30-40ft apart. Have the group all stand on one of the lines (they will be the minnows).

Pick one kid to stand on the opposite line (they will be the shark. On your word, the minnows will try to run to the other line and avoid being tagged by the shark. The shark tries to tag as many minnows as they can. If a minnow is tagged, they turn into a shark for the next round.

This game is simple, but keeps the kids active and all involved. No one gets out and has to sit on the sidelines. If there is one minnow left at the end, they become the shark for the next game. The kids will be sweaty after this game is over.



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