Lessons From Running

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Devotional

About 13 years ago during college I started running as a way of staying in shape. Over the years, I've come to love the sport, and because of that,...

The Large Heart Project

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Devotional

You Have No Wall
“You have no wall.” The cardboard sign tacked to the telephone pole couldn’t have appeared at a better time. As I pushed my legs up the hill of...


Devotional

**No Other Gods**

This can’t be happening, I thought. Not with only three and a half weeks to go! But as hard as I tried, I couldn’t deny the worsening pain in my...


Devotional

I was training for a marathon—the beautiful, romantic, epic Paris Marathon. But, because I am a follower of Jesus, each morning begins with God,...

**The Race Not Run**
Devotional

**Stick with It**

This morning when I stepped outside my door for my daily run, I was greeted by the crazy heat and humidity of a Midwest July morning. Usually the...


Devotional

The day before last year’s Kansas City marathon, I was meeting with Chris Anderson, our National Director of FCA’s Endurance Ministry. I was fired...

**The Hay Is in The Barn**

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**Free to Run**

Tucked neatly between peaks of California’s San Bernardino Mountains is the quiet reservoir town of Big Bear Lake,...

**Meb's Great Race**

In the 24th mile of the 2009 New York City Marathon, as the lead pack entered Central Park, Meb Keflezighi pulled away from...
Heart of an Athlete: Ahna Lewis

Growing up in Morgantown, W.Va., Ahna Lewis looked up to the athletes at West Virginia University and dreamed of being a...

Catherine the Great

It would be hard for any Average Joe to keep his legs from collapsing after enduring 26.2 miles of leg-pounding, foot-...
Audio

#52 - StVRP - Ryan Hall, Jean Driscoll and David Marsh

U.S. Marathoner Ryan Hall, former Olympian Jean Driscoll, Auburn swim coach David Marsh and FCA President Les Steckel

Skit

The Race

Jesus stands in one corridor or side of the room and says, “Run toward me with preserving.” In very slow motion, the 3...