

Circle of Compliments

This icebreaker can be used with a large or small group. Everyone gets a partner and sits in a circle. One of the partners sits facing the inside of the circle, while the other partner sits in front of them, facing their partner. For about 20-30 seconds each, the partners exchange what they like about the other person (it can be anything from hair to spirituality, depending on how well the partners know one another). After 30 seconds, the outer circle moves one person to the left, and begins the cycle over again.

Not only did our FCA Huddle get a lot of laughs out of what was said, the compliments made you feel great for the rest of the day.



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