

Sorts and Mingle

An icebreaker that gets the group to move towards various parts of the room and to find others with shared interests and preferences, based on various interesting categories.

The first part of the game is the "**Sorts**" game. You will throw out two contrasting choices and the group has to move either East or West of the room (e.g. "Do you prefer Target or Walmart?"). Then you throw out two more choices and have them move South and North. That way, they are all having to move somewhere and can't get "lost" in the crowd. Sorts that work well include: movie or book; salty or sweet; dress up or casual; inside or outside; be on the stage performing or in the audience watching, etc.

The second part, the "**Mingle**" game, is also interesting and effective as an icebreaker; you throw out a general category and the group has to mingle around to find others that have the same answer and then they clump together. After about thirty seconds to one minute, you then have each group call out their answer. It's okay if someone doesn't have anyone else who has the same answer. Just try to avoid two groups with the same answer (means they didn't mingle very well). Some examples of mingles; your favorite dessert; the type of toothpaste you use; if you could attend one huge event (e.g. the Superbowl, Oscars, World Series, Nascar Opening Day, etc.) what would you choose?; your least favorite chore growing up as a kid; if you could be the very best at something, what would it be?



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