

Affirmative Fold-Ups

Have group comfortably sit in a circle. Give each participant a sheet of paper and ask them to write their name on the **top of the paper**. Place all of the papers in the center of the circle. Have each participant draw a sheet from the center (not their own) and ask them to write one (or a sentence) positive word about that person at the **bottom of the sheet**. They then fold the paper up to cover up the word. Have them place the sheet back in the center and repeat on another sheet. Participants will continue to select other's sheets from the circle to write affirming words on, until the name is the only thing showing on the paper. The leader can then distribute the papers to their owners. This is a great game to do at the end of a retreat, end of the year, or at a leadership team meeting.



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