

Catherine the Great

It would be hard for any Average Joe to keep his legs from collapsing after enduring 26.2 miles of leg-pounding, foot-smacking pavement. For elite runners, however, this is nothing extraordinary. They run long, and they run hard in order to win — either for the personal gratification of finishing the race or for bragging rights in their sport.

But, like any stereotype, there are exceptions — like the one in this story. It is the story of one elite runner who, win or lose, pounds those 26.2 miles to give the glory to someone else. That 5-2, slender figure who runs like a cheetah on the hunt is Kenya's **Catherine Ndereba**, a.k.a. Catherine the Great.

Bible Reference:

2 Timothy 4



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