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Last December, STV asked **Leah Rush**, starting power forward of the nationally ranked University of Oklahoma women's basketball team, to give readers a peek into her daily routine by logging a game-day journal.

Rush agreed and kept a dairy on Dec. 20, the day of the Sooners' homecourt showdown with Ohio State, which was then a match-up between the third- and eighth-ranked teams in the country. To that point, the Sooners were undefeated on the season, but the Buckeyes stunned OU that night with a 74-67 upset. Certainly this journal looks different than Rush expected, but that's life — a day in the life of a college athlete.

Bible Reference:

Colossians 3



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