

Published on *FCA Resources* (<https://fcaresources.com>)

[Home](#) > Heart of an Athlete: Michael McConathy

Heart of an Athlete: Michael McConathy

Selected Struggle: Worry

Dictionary definition: “To feel uneasy or concerned about something; to be troubled.”

My definition: “To torment oneself with anxieties or troubles.”

Bible Reference:

Jeremiah 29



Fellowship of Christian Athletes © 2025
8701 Leeds Road | Kansas City, MO 64129 | 800.289.0909
Comments or Questions, fca@fca.org
[Privacy Policy](#) | [Report a Problem](#) | [Copyright](#)

Source URL: <https://fcaresources.com/article/heart-athlete-michael-mcconathy>