

Heart of a Coach: Jen Jones

"However, as it is written: 'No eye has seen, no ear has heard, no mind has conceived what God has prepared for those who love him.'" – 1 Corinthians 2:9 (NIV)

After wrapping up her college volleyball career at Michigan State University, Jen Jones assumed coaching would be a natural career choice. Instead, she followed God's leading into the weight room and up to the training table. Now an assistant strength and conditioning coach at Texas A&M, Jones is focused on building athletes who are strong in both body and spirit.



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