

## **Fit4Ever: Be Aggressive**

Cancer is a powerful enemy, and I believe God calls us to be aggressive as we fight it—both in prayer and action. At one moment we are called to trust and surrender, and in the next to take up arms and fight. That's what it means to be aggressive: daily doing battle in the heavenly realms, prayerfully asking God to move and do what only He can do. During our fight, we need God to do surgery inside us at the heart and soul level. We need Him to change our internal environment, both spiritually and physically.

### **Bible Reference:**

1 Corinthians 9



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