

## **Heart of an Athlete: Kristi Kingma**

Coming off her third consecutive season of All-Pac-10 honors, Washington's Kristi Kingma was set to have a stellar senior season in 2011 when a knee injury in exhibition action ended her year before it began. Now, with a new appreciation for the game, Kingma sees her redshirt season as a blessing from her Lord—one she plans to enjoy from start to finish, embracing every struggle and triumph along the way.

**Bible Reference:**

Philippians 4



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