

Published on *FCA Resources* (<https://fcaresources.com>)

[Home](#) > Stress and Aging

Stress and Aging

Stress makes the President age twice as fast! What is it doing to you?



Fellowship of Christian Athletes © 2025
8701 Leeds Road | Kansas City, MO 64129 | 800.289.0909
Comments or Questions, fca@fca.org
[Privacy Policy](#) | [Report a Problem](#) | [Copyright](#)

Source URL:<https://fcaresources.com/podcast/2009/03/11/stress-and-aging>