

Published on *FCA Resources* (<https://fcaresources.com>)

[Home](#) > Tips From The TOP - More Food

Tips From The TOP - More Food

Imitate what the healthiest people do, then pass it on!



Fellowship of Christian Athletes © 2024
8701 Leeds Road | Kansas City, MO 64129 | 800.289.0909
Comments or Questions, fca@fca.org
[Privacy Policy](#) | [Report a Problem](#) | [Copyright](#)

Source URL: <https://fcaresources.com/podcast/2008/12/10/tips-top-more-food>