

## Comfort Cycle

### Ready:

**2 Corinthians 1:3** Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves have received from God.

### Set

**Hockey Chat:** There is a technique play in hockey know as “cycling”. It’s a matter of one guy skating with the puck then passing it off to another player, moving the puck in the same way while the first guy takes the second guy’s position. Sounds confusing? It’s much harder to defend than to understand. The premise is to skate until you get in trouble and then pass the puck back. When that guy skates and gets in trouble, you’ll have skated back to be open so he can pass it to you. The constant helping out the guy in trouble becomes a “cycle” that draws the defense and helps keep control of the puck.

### Go

**Life Lesson:** When we call on God for comfort in our troubles, his compassion gives us the strength then to reach out and be comforting to others in need. They will see his Spirit shining through us into their lives. We can be Jesus to someone through allowing God to work through us.



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