

## **Praise God**

### **Ready:**

"Therefore, whether you eat or drink, or whatever you do, do everything for God's glory"-1 Corinthians 10:31

### **Set**

Sports are a big thing for me. My whole year pretty much is revolved around sports. The time I do have between seasons, it's usually really busy with working and such, but you also have to have time for friends and family too. I got to thinking the other day, if I prayed, and asked for God as much as I played sports, where would I be? I am pretty sure that my relationship would be 10X stronger, even stronger than it is now. I am sure a lot of people think the same way though.

God has always been a HUGE thing in my life, and will continue to be. The other day at my wrestling meet, I lost this match that I should of won. Was I mad? Yeah. I think anyone would of been. Were my actions that I took after the loss appropriate? Absolutely not. God tells us to praise and worship the Lord whether we win OR lose. I think a lot of people forget about that. After I gathered my emotions, I felt it was necessary for me to go apologize to the coach of the kid I had just wrestled. I explained to him that I should not have let my emotions get that way, and he was greatly open, and he accepted my apology, and said I wish a lot more kids would do the same. That made me feel great about myself. Because I knew I had done something the Jesus would have done in that situation.

I have talents that God gave me...and I am not about to waste them or anything. One thing that I always remember though is that I could have been no where without God, and that without Him, I may not have been able to be athletically talented or anything like that. Anyone with athletic abilities, or talents, I am telling you, Praise God. Because He is the One who has enabled you to do the sports you do.

Praise God whether you win or lose. That's my best advice to anyone. Whether it be in sports, or just something in life, such as failing on a test, or losing an argument with your friend. Praise God whether you win or lose. I assure you, if you start living the life that way, I am sure that things will get a lot better. You just have got to give stuff like that time.

### **Go**

1. Has there been a time that you felt God let you down?

2. After a sporting event, do you ever think about how God has given you talents to perform your certain sport?

3. Are you going to start living your life by prasing God win or lose?

4. Can you spread this message to anyone else?

### **Workout**

1 Corinthians 10:31

Revelation 3:20

Colossians 3:23-24

Ephesians 3:16



Fellowship of Christian Athletes © 2025  
8701 Leeds Road | Kansas City, MO 64129 | 800.289.0909  
Comments or Questions, [fca@fca.org](mailto:fca@fca.org)  
[Privacy Policy](#) | [Report a Problem](#) | [Copyright](#)

---

**Source URL:**<https://fcaresources.com/devotional/praise-god>