# **Ephesians 6:10**

## Ready:

Ephesians 6:10

Be strong in the Lord and in his mighty power. Put on the full armor of God so that you can take your stand against the devil's schemes.13Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground

#### Set

Hockey Chat: Could you imagine what the scores would be like if goalies weren't allowed to wear any equipment. We've got some talent between the posts during our skates but they thank much of that to the equipment they put on. Not only does it help to stop the pucks, it stops the pain as well. Going out there unequipped would be disastrous. Sure they would stand there for a few minutes and maybe even grab a slow sliding puck with their bare hands. But as the attacks keep coming, their lack of preparedness would leave them broken down. Every player has equipment to keep them safe. It helps them stand their ground and play hard.

## Go

Life Lesson: Being strong in faith in the world we live in is difficult. We come out of the gates a fired up Christian and then the attacks start. Satan is attacking your mind and heart on every level and every chance. As strong of men as we say we are, the only way to stand against him is to arm ourselves with the life saving protection God has offered.

### **Bible Reference:**

Ephesians 6



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