

## **Proverbs 13:3**

### **Ready:**

Proverbs 13:3

He who guards his lips guards his life, but he who speaks rashly will come to ruin.

### **Set**

Hockey Chat: On November 2 of 2002, Tie Domi took a penalty and then let his emotions take his whole team out of the game. His mouthing off and cursing at referee Brad Watson landed Domi a gross misconduct penalty and an accompanying fine of \$200. The Maple Leafs were scored on during the penalty and stayed back on their heels to lose the game 5-2. His words cost him and the team a loss.

### **Go**

Life Lesson: Be careful what you speak. We've all said things we wish we wouldn't have. God reminds us in this passage that those who lash out fall from their harsh words while those who speak rightly guards his life. Note that He doesn't say that things should go unsaid. Just that they should be said with careful consideration and awareness.

### **Bible Reference:**

Proverbs 13



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