

## **The Best of Teams**

### **Ready:**

"Instead, speaking the truth in love, we will in all things grow up into him who is the Head, that is, Christ. From him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work."

-Ephesians 4:15-16

### **Set**

Most sports are made up of teams. And after playing on many different teams, athletes often remember the ones that were real joys to be a part of. For me, it was freshman year in football when everyone was enthusiastic. Everyone wanted the group to do well, and the seniors were just awesome guys--the kind of people who had a genuine interest in all of the underclassmen. They truly set an example for motivation and effort. We saw this in a lot of different forms: the lineman blocking especially hard for the quarterback, the amount of encouragement from the sidelines, the seniors who would talk to the freshman in the halls, and their all-around good attitudes.

If we read God's word, it makes it clear that this true team concept is crucial. The Bible describes a perfect team atmosphere by comparing it to a human body. Just like a body, we as teammates should work together for the good of the others, do our specific jobs and focus on Christ as the center. This action is natural. The desire to connect with other believers comes from God. Just as a football team that unites in a common focus must work together to achieve it, Christians also must naturally come together to serve and celebrate Christ.

### **Go**

1. What's the favorite team you've ever been on? Why?
2. Who is someone that you can talk about your faith with?
3. How can you work with your Christian teammates to further the Kingdom of God?

### **Workout**

Romans 12:3-8

1 Corinthians 12



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