

## **Into God's Way**

### **Ready:**

"Trust in the Lord with all your heart, and do not rely on your own understanding; think about Him in all your ways, and He will guide you on the right paths."

-Proverbs 3:5-6

### **Set**

"I worked very hard. I felt I could play the game. The only thing that could stop me was myself. . ." This kind of quote has been said by many athletes over the years. This one in particular was said by former MLB pitcher Jim Abbott.

Abbott was/is an incredible athlete. He played three sports in high school and went on to the University of Michigan to play baseball. He eventually ended up in the majors and even pitched a no-hitter. But what is truly amazing about Jim Abbott is that he did all of this with only one hand. He knew he had the ability, but his own weakness was the only thing holding him back.

God knows your weaknesses. He created you! He knows you better than you know yourself. He knows what pushes you, presses you and pursues you; but despite all of those, He also wants you to trust and have complete reliance on Him. He knows we can hold ourselves back from being great as coaches and players, and even as being great for Him.

What is holding you back? Fear, anger, anxiety, perfectionism, stubbornness? What is keeping you from being a great coach or athlete, great leader or worker? Whatever it is, let God help. Trust in Him today. Let Him lead your life. Your way is good, but His way is glorious! Get out of your way and get into God's way.

### **Go**

1. What is holding you back in sports?
2. What is holding you back in your walk with Christ?
3. Can you trust more in Christ today and in His abilities through you, relying less on your own ability?

### **Workout**

Jeremiah 29:11-13  
Psalm 119:73

Philippians 3:12-15

### **Bible Reference:**

Philippians 3



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