

## **Morning Glory**

### **Ready:**

"They are new every morning; great is Your faithfulness!"  
-Lamentations 3:23

### **Set**

How do you start your mornings as an athlete or coach? I'm sure you plan out your day and make sure you get everything done that you need to get done. I recently had the great opportunity to spend a week at the FCA Home Office in Kansas City, and I discovered a new way to start my day.

At 8:30 a.m. every morning, the Home Office FCA staff gathers for what they call "Morning Glory." This is a period of time that they spend praising God and praying for the needs of the FCA ministry. I was humbled to see the staff praying for me personally and for the rest of the staff around the country. What a way to start your work day!

I want to challenge all of us to start our days with our own personal "Morning Glory" times. Whatever it may look like, take time each morning to give God glory in your own personal way. Praise God for your teammates, coaches, parents and schools and pray for other needs you encounter as you work to serve Christ better each day. In my daily prayers, I pray that I will serve Christ better that day than I did the day before. I know that my life will from here on out involve a "Morning Glory." After all, there's no better way to start the day than in the presence of the Father!

### **Go**

1. How does your day start?
2. When did you first invite God into your day?
3. Have you invited Him into your day at all?
4. What can you do for your own personal "Morning Glory"?

### **Workout**

Exodus 9:29

Psalm 66:19

Acts 1:14

### **Bible Reference:**

Acts 1



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