

## **He's Got Your Back**

n/a

### **Ready:**

"Finally, be strengthened by the Lord and by His vast strength. Put on the full armor of God so that you can stand against the tactics of the Devil. . . . This is why you must take up the full armor of God, so that you may be able to resist in the evil day, and having prepared everything, to take your stand." –Ephesians 6:10-11,13

### **Set**

It has been said that life is not a playground, but a battleground. Most battles happen in the unseen world and play out in the physical world. Knowing this, God gives us spiritual armor to be prepared for battle. Every piece of armor—the belt of truth, breastplate of righteousness, shoes of peace, shield of faith, helmet of salvation, and sword of the Spirit—protects from the front. None provide protection for our backs. In fact, we are instructed in Philippians 3 to forget what is behind and strain toward what is ahead. God has our back. He gives us no armor for our backside because He has it covered. When we are right with God and confess our sins, we have nothing to fear. Proverbs 3 tells us that when we use good judgment, our sleep will be sweet. We don't have to worry about anything coming back to haunt us.

Ask Peyton Manning of the Indianapolis Colts how important his left tackle is. He can drop back in the pocket and never worry about getting hit from behind. He can keep his vision downfield to attack the defense. When you have that assurance, that confidence, you can perform at the highest levels.

### **Go**

1. Can you fully trust that God will protect you from unseen danger and calamity?
2. Have you been able to forget the past and continue advancing against the enemy?

### **Workout**

Proverbs 3:21-26; Ephesians 6:10-20

### **Overtime**

God, thank You for having my back. Teach me to use the armor You have provided. Thank You for protecting me from evil and danger that I can't see coming my way. Today I put my trust in You. Amen.

### **Bible Reference:**

Philippians 3



Fellowship of Christian Athletes © 2025  
8701 Leeds Road | Kansas City, MO 64129 | 800.289.0909  
Comments or Questions, [fca@fca.org](mailto:fca@fca.org)  
[Privacy Policy](#) | [Report a Problem](#) | [Copyright](#)

---

**Source URL:**<https://fcaresources.com/devotional/hes-got-your-back>