

## **Waiting**

### **Ready:**

"But those who trust in the Lord  
will renew their strength;  
they will soar on wings like eagles;  
they will run and not grow weary;  
they will walk and not faint." –Isaiah 40:31

### **Set**

Waiting is one tough job! In sports, players and teams are waiting . . . waiting patiently for their time to shine. In God's Word, Isaiah wrote in chapter 40 that waiting is a good thing. The word "wait" does not measure time spent, but is rather a process of strengthening until fulfillment. Let me suggest three reasons why we must wait on the Lord: (1) waiting creates time during which we can trust God more (Psalm 27); (2) waiting prepares us to have our real needs met (Psalm 40); and (3) waiting encourages us to always be prepared for Christ's return (Matthew 24).

What are we waiting for—an answer to our prayers, a loved one to come to Christ, or an opportunity to play for our team? Regardless of the reason, we know through God's Word that waiting will be worth it in the end.

Do we trust God during our season of wait? Do we lean on Him or blame Him for the things we are waiting upon? We must let Him give us strength during our wait to allow us to soar, walk, and run in Him when His time of fulfillment in and through us comes.

### **Go**

1. For what don't you like to wait?
2. Are you growing weary of waiting on God to act in your life?
3. Today, how can you find strength, patience, and rest in waiting upon the Lord?

### **Workout**

Proverbs 20:22; Philippians 1:6; Hebrews 12:1-2

### **Overtime**

Heavenly Father, forgive me for being impatient at times when I am not getting what I want. Help me to see waiting not as a measurement of time, but rather the process of training and strengthening until fulfillment. Today I choose to trust Your perfect, sovereign timing. Amen.

### **Bible Reference:**

Hebrews 12



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