

## **True Satisfaction**

n/a

### **Ready:**

Because by Him everything was created, in heaven and on earth, the visible and the invisible, whether thrones or dominions or rulers or authorities—all things have been created through Him and for Him. He is before all things, and by Him all things hold together. He is also the head of the body, the church; He is the beginning, the firstborn from the dead, so that He might come to have first place in everything.—Colossians 1:16-18

### **Set**

True satisfaction—people search for it every day. Some people spend a lifetime acquiring DVDs, MP3s, video games, clothes, cars, and relationships—hoping that more of this world will satisfy them. As coaches and athletes, we often try to find satisfaction in practices, competitions, and victories. None of these things bring fulfillment. Christ should be our first priority. He should be the reason we wake up, the reason we breathe, and the reason we coach, practice, and play. This is a tremendous challenge. We have relationships, commitments, and schedules that pull us in different directions. We must refocus and get back to the basics—spending time daily in prayer, reading the Word, and being accountable to a fellow believer. If we focus on our first priority, we will find true satisfaction.

### **Go**

1. Where do you look for satisfaction?
2. How would you currently rank Jesus Christ as a priority in your life?
3. What areas in your life do you need to refocus to make Jesus the top priority?

### **Workout**

Psalm 104:24; John 1:3; Ephesians 1:20-23

### **Overtime**

God, allow me to see the areas of my life in which I seek satisfaction, and reveal to me the things I have put before You. Give me the wisdom and guidance to refocus my priorities, seek Your face, and find satisfaction only in You. Amen.

### **Bible Reference:**



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