

Fundamentals for Success

Ready:

Therefore, everyone who hears these words of Mine and acts on them will be like a sensible man who built his house on the rock. Matthew 7:24

Set

The foundation for success in any sport relies primarily on the mastery of fundamentals. Champion athletes spend time perfecting their skills by focusing on fundamentals. At times it may seem trite, but to error fundamentally could produce devastating miscues! It doesn't matter at what level you compete, ignore the fundamentals and your performance will suffer.

Have you ever seen a wide receiver take his eyes off the ball and drop the pass even though it hit his hands? Have you witnessed an infielder looking foolish as a routine ground ball rolls through his legs and into the outfield all because he was more concerned with throwing out the hitter than securing the ball? Or what about a world champion sprinter standing straight up out of her starting blocks, anxious to win but forgetting the fundamental technique of staying low, and losing the race?

In the same manner, if we overlook the foundations of our Christian walk, the challenges of life could leave us humiliated. Reading the Word of God and conversing with our Lord through prayer are the one-two punch of Christian fundamentals. We must center our hearts and minds on the truths of God's Word and pray His promises over our lives daily.

These practices will aid in our decision making, our pursuits, our passion and our purpose. And when the rushing waters of life come our way, though He may not build a bridge, He will certainly stand with us so the waters will not overcome!

Go

1. Can you remember a time in competition when you had a lapse in fundamentals and made an error? How did that make you feel?
2. Can you think of a talented athlete with tremendous potential who didn't have a foundation deep enough to sustain success?
3. What commitments have you made (or will you make) to master the two biblical foundations of prayer and reading God's Word?

Workout

Matthew 7:24-27, Luke 21:36, Acts 17:11

Overtime

Thank You, Lord, for Your purpose and will for my life. Give me the strength to commit to reading Your Word and talking with You daily. Allow Your presence to abide in me so I can take on any challenge that comes my way. Amen.

Bible Reference:

Acts 17



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