

## **In the Light**

### **Ready:**

God is light, and there is absolutely no darkness in Him. If we say, “We have fellowship with Him,” and walk in darkness, we are lying and are not practicing the truth. But if we walk in the light as He Himself is in the light, we have fellowship with one another, and the blood of Jesus His Son cleanses us from all sin.—1 John 1:5b-7

### **Set**

I don’t know about you, but I don’t want my life to be a lie. If we claim to be followers of Jesus Christ but live “in darkness,” the Holy Spirit—through the apostle John—tells us we are liars. The other option is to “walk in the light,” as Jesus did when He was on the earth. If we are faithful in doing so, two things are granted to us: fellowship with other believers and continual cleansing from sin.

Sharing life with others who know Jesus is important; God did not create us to be alone! When we “walk in the light,” the dark parts of our lives are revealed, giving us the opportunity to correct them, repent, and move forward, and allowing us to grow closer to our Father along the way.

Let the light of Jesus shine on your life, and encourage fellow believers to do the same. When we do, we can have a dynamic relationship with Jesus and He impacts our lives more as the Holy Spirit uses the Word of God in our lives. Imagine the world we would live in if we would let His light shine.

### **Go**

1. When have you tried to hide a mistake from your coach, parents, or friends? How easy or difficult was it to “live a lie”?
2. How have you tried to keep secrets about your past? What bad things might happen when you try to hide bad decisions?
3. How can living a lie bleed into your relationship with Jesus? What are the dangers of falling into that trap?  
What can you do to avoid the temptation of “living a lie?”

### **Workout**

Psalm 69:5; Matthew 25:31-45; John 8:1-11

## Overtime

Lord, forgive me of living a lie. Uncover and cleanse my sins. Give me strength to move forward and grace to walk in Your light. Amen.

## Bible Reference:

1 John 1



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