

## **Prayer**

n/a

### **Ready:**

For our battle is not against flesh and blood, but against the rulers, against the authorities, against the world powers of this darkness, against the spiritual forces of evil in the heavens.  
— Ephesians 6:12

### **Set**

Do you ever get irritated by your players, fellow coaches, or referee? Sometimes, instead of allowing God to fight our battles, we react with improper thoughts. Instead of resisting the powers we struggle against, we wage our own war. Occasionally, in a moment of frustration, have you even declared the fatal words, “I just can’t continue”?

Well, rejoice, because God has provided us with the power and authority to serve an eviction notice to the enemy of our souls! God’s Word reminds us not to become timid or afraid when trials occur. Jesus requires us to stand our ground, take up our weapons of warfare, and fight by faith.

It has been said that “prayer is the thin nerve that moves the muscle of omnipotence.” So it’s time to get on our knees and take a stand.

### **Go**

1. Have you ever struggled with temptations to commit an immoral act?
2. What was your response, and was it effective?
3. What do you do when you have feelings of frustration?

### **Workout**

Extra Reading: 2 Corinthians 10:4; 2 Timothy 1:7; James 5:16

### **Overtime**

Father God, thank You for revealing to me the importance of praying on all occasions through the power of Your Holy Spirit. Amen.



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