

What About Me?

Ready:

"Be careful not to practice your righteousness in front of people, to be seen by them. Otherwise, you will have no reward from your Father in heaven." -Matthew 6:1

Set As a certified athletic trainer, I have spent many hours watching football practices and games. I pay especially close attention to all of my linemen (the big boys on the front line). It's amazing how you watch these young men get down and block, all for the sole purpose of creating holes for the running backs or protecting the all-important quarterback. These linemen perform blocks and pulls throughout every practice and game, yet we rarely ever hear their names being called out on the loudspeakers telling of the great job they are doing. In my opinion, without these linemen creating holes, a running back might never be able to get a first down or score a touchdown. So, why is it that they never get credit? As much of an honor as it would be to hear their names called out on the speaker in the middle of a game, I doubt there are many linemen who are disappointed that it doesn't happen. Most linemen realize that they are a vital part of their football team. And that is just it: They are a team—a whole team—not a group of individuals. Thinking about this reminds me of what God expects from us. See, God wants all of us to perform good deeds, but He does not want us to be selfish or to show off. He wants us to be humble like the lineman who does his job without seeking recognition and glory, even when it is greatly deserved. While it is acceptable for us to take satisfaction in what we do, we must never give in to pride! Today, practice good sportsmanship and humility. Don't be upset if someone else gets the credit. And above all, honor God with all of your abilities and talents, for He is the One who gave them to you in the first place!

Go 1. During a game or practice, do you find yourself wondering why you are not getting recognized for your contributions? 2. Whom are you trying to glorify in your sport and in your life? 3. How can you cultivate humility instead of selfishness?

Workout Psalm 1-8 1 Peter 5:5-11

Bible Reference:

1 Peter 5



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