

## **Weakness**

### **Ready:**

"He said to me, 'My grace is sufficient for you, for power is perfected in weakness.' Therefore, I will most gladly boast all the more about my weaknesses, so that Christ's power may reside in me. So because of Christ, I am pleased in weaknesses, in insults, in catastrophes, in persecutions, and in pressures. For when I am weak, then I am strong." — 2 Corinthians 12:9–10

### **Set**

God blessed me with many accomplishments during my football career, but my greatest accomplishment actually occurred on the day my career ended. I didn't see it that way initially, however. My whole life had been built on the dream of getting to the top in football, so the day I was forced to stop, I began a walk down a road to a life of destruction. I soon destroyed everything in my life and reached rock bottom. However, it was this path that brought me to my knees and made me powerful through my Lord Jesus Christ. Therefore, this was actually the first time that I knew what it really means to be strong.

We do not have to destroy our lives to make this discovery and gain this strength. All that it takes is coming before God in complete honesty, telling him what He already knows about your sin and weakness, and asking Him to take over the running of your life. That's when you will truly find strength. We find more strength on our knees than in the practice of any sport. God will take your weakness and make it powerful.

### **Go**

1. Where is weakness in your life? In your coaching or marriage?
2. Do you find yourself hiding from those things that make you most vulnerable?
3. Do you define strength the way the Bible does?

### **Workout**

Extra Reading: Philippians 4:13; 1 Corinthians 2:1–5

### **Overtime**

Lord, I pray that I would look to You in my weakness, knowing that through Your power my weakness can be made strong. Lord, I confess these weaknesses to You, with faith in Your power to cleanse me in Your righteousness so that Your perfect power may rest on me. Amen.



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