

Lessons From Running

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Devotional

About 13 years ago during college I started running as a way of staying in shape. Over the years, I've come to love the sport, and because of that,...

The Large Heart Project

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Devotional

You Have No Wall

“You have no wall.” The cardboard sign tacked to the telephone pole couldn’t have appeared at a better time. As I pushed my legs up the hill of...

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Devotional

No Other Gods

This can’t be happening, I thought. Not with only three and a half weeks to go! But as hard as I tried, I couldn’t deny the worsening pain in my...

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Devotional

I was training for a marathon—the beautiful, romantic, epic Paris Marathon. But, because I am a follower of Jesus, each morning begins with God,...

The Race Not Run

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Devotional

Stick with It

This morning when I stepped outside my door for my daily run, I was greeted by the crazy heat and humidity of a Midwest July morning. Usually the...

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Devotional

The day before last year's Kansas City marathon, I was meeting with Chris Anderson, our National Director of FCA's Endurance Ministry. I was fired...

The Hay Is in The Barn

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Article

Free to Run

Tucked neatly between peaks of California's San Bernardino Mountains is the quiet reservoir town of Big Bear Lake,...



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Article

Meb's Great Race

In the 24th mile of the 2009 New York City Marathon, as the lead pack entered Central Park, Meb Keflezighi pulled away from...



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Article

Heart of an Athlete: Ahna Lewis

Growing up in Morgantown, W.Va., Ahna Lewis looked up to the athletes at West Virginia University and dreamed of being a...



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Article

Catherine the Great

It would be hard for any Average Joe to keep his legs from collapsing after enduring 26.2 miles of leg-pounding, foot...



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Audio

#52 - StVRP - Ryan Hall, Jean Driscoll and David Marsh

U.S. Marathoner Ryan Hall, former Olympian Jean Driscoll, Auburn swim coach David Marsh and FCA President Les Steckel

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Skit

The Race

Jesus stands in one corridor or side of the room and says, "Run toward me with preserving." In very slow motion, the 3...



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