

## **Grinders**

### **Ready:**

*“Therefore, my dear brothers, be steadfast, immovable, always excelling in the Lord’s work, knowing that your labor is not in vain.” – 1 Corinthians 15:58*

### **Set**

Everyone loves “grinders”! A grinder is an athlete who succeeds through hard work and determination rather than exceptional talent or skill. Grinders show up every day, they are eager to work, and they place team before self. They welcome each day as a chance to get better individually and as a team. Grinders believe the words of English writer Samuel Johnson: “Great works are not accomplished by strength, but by perseverance.” Hard work over a period of time is usually rewarded.

God knows and comes alongside those who are committed to doing His will. “Grinding for God” is never in vain. We must not allow ourselves to get discouraged or give up. God wants us to keep showing up ready to work and putting the needs of others first. He will take our service and use it for His purpose. He will give us the strength to persevere when times get tough. It’s a new day – KEEP GRINDING!

### **Go**

1. When others see the way you play and carry yourself, would they call you a “grinder”?
2. Why are some athletes afraid of hard work?
3. What does it look like to be a “grinder for God”?

### **Workout**

Proverbs 14:23

Luke 5:5

2 Timothy 4:5

### **Overtime**

*Father, thank You for loving me. Teach me and equip me to be a grinder for You. May I never give up, give in or give out in my service to You. Amen.*

### **Bible Reference:**

Proverbs 14:23

Luke 5:5  
2 Timothy 4:5



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