

## **Live for Him**

### **Ready:**

“My old self has been crucified with Christ. It is no longer I who live, but Christ lives in me. So I live in this earthly body while trusting the Son of God, who loved me and gave himself for me.”  
Galatians 2:20

### **Set**

As athletes, we have a drive for our sports. Sports are fun and we want to work harder so we can become stronger and play at a higher level, win, and experience success. For athletes, it can be very easy to seemingly lose ourselves in our sports; we can end up giving it all of our time, efforts, money, attention, our thoughts, and everything about our daily lives surrendered to our sport.

God reminds us in His word that He gave His one and only Son to give us the life we love and enjoy, including the ability and opportunity to play our sport. Jesus gave His life so that we could have life, and the blessing we have received through that sacrifice is worth sacrificing our lives too. Because God gave us life, He is deserving of dedicating our lives as well. As Christians, we should be living to bring glory to God first before anything else.

When we give God all of our time, efforts, and attention first in our lives, we will have a deeper relationship with the One who has given us the blessing of sports and gift of eternal life with Him.

### **Go**

1. Can you remember a time when all you thought and lived for was your sport?
2. What does giving your life for God mean to you?
3. How can you live for God while playing your sport?

### **Workout**

Matthew 16:24-27; John 3:16

### **Overtime**

“Lord, thank You for giving Your life for me and making me new again. Help me to surrender my life to You every day in all that I do, and bring You honor on and off the field.”

**Bible Reference:**

Galatians 2:20

Matthew 16:24-27

John 3:16



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8701 Leeds Road | Kansas City, MO 64129 | 800.289.0909

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