

How Do You See Yourself?

Ready:

“You made all the delicate, inner parts of my body and knit me together in my mother’s womb. Thank you for making me so wonderfully complex! Your workmanship is marvelous—how well I know it. You watched me as I was being formed in utter seclusion, as I was woven together in the dark of the womb.” -- Psalm 139:13-15

Set

As a former player and now head coach, I know I must have confidence and know my worth. I remember getting the head coaching job at Huntington High School. I felt overwhelmed and not worthy. I worried about what other people thought about me getting the job, what the players thought, what the community thought if I had enough knowledge and wisdom to run one of the top high school basketball programs in the State of West Virginia.

I started to pray and talk to God. He reminded me through the Holy Spirit and Scripture that I am His child, that I am made in His image and likeness, that He who began a good work in me will perform it until the day of Jesus Christ, that He is with me always, that I'm more than a conqueror through Him and that I can do all things through Christ who strengthens me (Philippians 4:13).

God’s character goes into the creation of every person. When we feel worthless or even begin to hate ourselves or feel worthless, we must remember that God’s Spirit is ready and willing to work within us. We should have the same respect for ourselves as our Maker has for us. We have to know and accept who we are and whose we are. The only way to get to know that is by praying, reading of Scripture, studying the Bible and accepting Christ as our Lord and Savior. Relationship with Christ is important!

When you feel like you have no self-worth, rely on God to speak truth to you. Know that you are fearfully and wonderfully made and that you are more than a conqueror.

Go

- Has there ever been a time when you felt you didn’t have any self-worth?
- Who are you? What is your purpose?

Workout

Jeremiah 29:11; Romans 12:2; Philippians 4:8-9

Overtime

“Heavenly Father, I come to You with a humble heart. I thank You for who You are. I thank You for Your grace, mercy, peace and love. Lord, I ask that You help us to understand who we are and to know our self-worth. Help us to see people and situations through Your eyes. We give You all the glory and honor. In Jesus’ Name, Amen!”

Bible Reference:

Psalms 139:13-15

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