

## **You Are New**

### **Ready:**

“Then the one seated on the throne said, ‘Look, I am making everything new.’ He also said, ‘Write, because these words are faithful and true.’” -- Revelation 21:15

### **Set**

The beginning of a new sports season brings an excitement that runs through us from head to toe. The rush of a fresh slate leads to dreams and hopes like winning the conference championship, going undefeated, breaking a school record or even earning the role of captain.

New beginnings aren't only possible in sports. Our own lives also have new beginnings, each one reflecting the incredible work of the Lord that renews our hearts and lasts beyond our lifetimes.

When we surrender to Jesus' lordship in our lives and acknowledge His saving work on the cross, we're ushered into a new Kingdom family and a new way of living. We have the chance to know Him deeper, dive into His Word and let Him transform our hearts and minds to think, speak and act in new ways that reflect our growing relationship with God:

### **A New Creation**

When Jesus saves us from the snare of sin, we are cleansed from any unrighteousness and given a new standing before God as His son or daughter. Just like the start of a new season or team, we have a newfound status before Him; our old ways are gone, and we are filled with new ways of living.

### **A New Example**

Through the life, death and resurrection of Jesus, we have a prime example of what it looks like to fulfill our days living for God. Jesus loved people, cared for the marginalized, defended the meek and stood firm on the Word of God. We look to Jesus to live and love like Him. He is the Ultimate Team Captain.

### **A New Way of Living**

God has transformed our hearts and minds so much that there is no way we can go back to the way things were. Sure, we might try hanging with the same friends or teammates, but if they're doing things that aren't wise or healthy, we may feel uncomfortable and notice a difference. It's the Holy Spirit moving in us to remind us that Jesus has called us into a different way of living that glorifies God, a way of life that is good.

God has good plans for your life. He sent His Son to bring you back into His family from a fallen world. We can honor Him as we learn to navigate a new great life within us and a new life to live. Like a new sports season, let's get excited for what's to come on this journey with our Creator.

## Go

- How can you live out this new way of living on your team or in your school?
- Who else needs to know about the joy of living in the new life Christ brings?

## Workout

Romans 6:4; 2 Corinthians 5:17; Galatians 2:20

## Overtime

“Lord, You are making all things new. You are always at work, always restoring, always building, always transforming. This includes our lives and our hearts, and I thank You for this lasting truth. Help me to lean into the new life that You have given me, help me to fix my eyes on You and walk in this truth and light. In Jesus' name, amen.”



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