

Mirror, Mirror

Ready:

“Because if anyone is a hearer of the word and not a doer, he is like someone looking at his own face in a mirror. For he looks at himself, goes away, and immediately forgets what kind of person he was.” --James 1:23-24

Set

Have you ever stood in front of a mirror and really looked yourself in the eyes? According to these verses, reading the Bible is like looking in a mirror and seeing who we really are. There are two problems, however, when competitors act like they are--who the Bible describes them to be.

The first problem is that we don't look into this “mirror” enough to know what the Bible says about us—truths like:

- You can do all things through Christ who gives you strength. (Philippians 4:13.)
- God causes all things to work together for the good of those who love Him, for those who are called according to His purpose. (Romans 8:28.)
- God is able to accomplish things in your life that are exceedingly, abundantly beyond your wildest dreams. (Ephesians 3:20.)

The second problem arises when we forget what the Bible says about us and choose to listen to the wrong voices that call us losers, failures, and dumb jocks—voices that tell us, “You don't have what it takes.” Listening to negativity prevents us from clearly seeing and believing God's Word.

Today, look in the mirror of God's Word and choose to see yourself the way He sees you.

Go

1. What are three changes you would make if you started to act on what the Bible says about you? Why?
2. Who can you connect with to hold you accountable through these changes?

Workout

Psalm 139:13–18

2 Corinthians 1:20

Overtime

Father, help me compete in life by believing what You say about me. Protect my heart and mind from the lies and give me the strength to consistently act upon Your Word. Amen.



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